

## **UPDATE**



### ***CPR (Basic First Aid) workshop***

Members have the opportunity of doing a CPR workshop if there is enough interest.

Currently, 30 members have shown an interest but we will need closer to 50 in order for CPR RESPONSE PLUS to accept the workshop contract. They have committed to a price of **\$20 pp** based on 50 participants.

#### ***You could be a life saver***

Many of us know of situations where a life was saved because someone knew CPR. This is a workshop that has obvious benefits for every participant. Did you know that effective CPR procedure make require enough pressure to break the victims ribs? As frightening as that may sound, the crucial matter is that with training, you are less likely to panic, and likely to begin life saving procedures.

#### ***More interest still needed***

More member interest is needed if this workshop is to be held.

Email Richard's a message to declare you wish to participate. You could be saving someone's life. Richard's email: [zippyonego@gmail.com](mailto:zippyonego@gmail.com)

#### ***Cost and company responsible for workshop***

A company called **CPR RESPONSE PLUS** will be doing the workshop at a fixed price of **\$20pp**. The date and location of the workshop will be finalized at a future time. Richard anticipates that most members will find late October or sometime in November as ideal target dates.

Our neighbouring PROBUS clubs will be invited to participate if we do not generate enough interest within our own club membership.

Again, Probus PICKERING Club members who have not already responded to Richard's email queries, and who wish to participate in a CPR workshop, are asked to confirm their interest by sending Richard an email to: [zippyonego@gmail.com](mailto:zippyonego@gmail.com)

Richard Szpin  
Activities Coordinator