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Canadians need help



Click → [DONATE](#)

Editorial



Adieu summer, glad you're leaving.

The CNE's the 'tell,' summer's almost over. The CNE's opening signals summer's imminent end.

Many people are saddened by the ending of summer but this year, many more are happy to see it ending as it's been a horrendous summer, one many would like to forget or to have bypassed them; innumerable fires, not just here in Canada but in many parts of the world. Hawaii had an absolutely devastating one with the shocking total destruction of the historic, tourist town of Lahaina. BC, Alberta, Quebec and the Maritimes have had similarly destructive fires.

Then the floods in various parts of the world from Australia to the Canadian maritime provinces.

Soaring temperatures in many parts of the world have made life miserable for millions of people. Having AC is no guarantee of relief as many electrical networks were knocked out by the effects of global warming effects.

Before looking away from all this destruction and devastation, consider giving the affected people some assistance with donations to the [Red Cross](#).

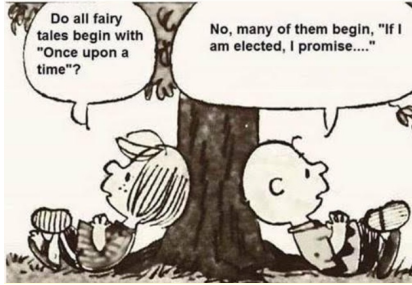
Let's turn our attention to the upcoming season, hopefully, a calmer, less calamitous 'Indian Summer,' like the ones we have previously enjoyed with leaves burnished in gold and bronze, balmy temperatures needing a light jacket only, dry days inviting us to hike on tree-lined trails or to stop for a picnic somewhere along the way. Those were the days...let's hope we see them again this fall.

Richard

POLITICAL Desk

A political comment:

We invite all the elected reps, municipal, provincial and federal, to write a



message for our Political Desk. No editorial modification is done to their messages. They can write what they wish though we ask them to write material that reports on their constituency. We send them three invitations, 2 as reminders of our deadline for publication. Four responded, most with messages, one otherwise.

Thank you federal MP **Jennifer O'Connell**, **Mayor Kevin Ashe**, and Regional Municipal Councillor **Maurice Brenner**, along with constituency asst, Adam Bradley

From OTTAWA



Dear Neighbours,

As the House of Commons prepares to resume in two weeks, we will have new challenges to overcome for the well-being of all Canadians including working to keep making lives more affordable for Canadians, building more affordable homes, fighting wildfires, and supporting communities devastated by this destruction, fighting climate change while creating more clean jobs and keeping our economy among the best of the G7.

Being home in our community this summer has allowed me to connect with residents all across Pickering-Uxbridge, constituents shared with me how they want to know about the work the federal government is doing to support Canadians and in particular seniors. Here, I will discuss two policies that will have a lasting impact on seniors right here in Pickering-Uxbridge; Canada's national dental plan for seniors and the New Horizons for Seniors program.

Canadian Dental Plan for Seniors

A year and a half ago, our government launched the Canadian dental care plan as it is the key to the overall well-being of Canadians. When the program was launched one-third of our population didn't have dental insurance. When this plan started it was intended for kids, which has already helped 250,000 kids under the age of 12 get the dental care they need. Eligible families were able to start applying for the benefit as of December 1, 2022, to receive up to \$1,300 over two years.

By the end of this year, we will begin rolling out the Canadian Dental Care Plan which will provide dental coverage for up to nine million uninsured Canadians and the benefit will be fully implemented by the end of 2025, this will include seniors and people with disabilities who have an annual family income of less than \$90,000; with no co-payments for those with family incomes under \$70,000. The eligibility and information on how to apply will be available shortly. This is a good news for our seniors who worked hard to build this country and, deserve our support.

New Horizons for Seniors Program

The New Horizons for Seniors Program (NHSP) is a federal grant and contributions program aiming to provide funding for projects that make a difference in the lives of seniors and in their communities. The main goals of the program are to promote volunteerism among seniors and other generations; engage seniors in the community through the mentoring of others; expand awareness of elder abuse, including financial abuse; support the social participation and inclusion of seniors; provide capital assistance for new and existing community projects and programs for seniors. To apply, your organization must be a not-for-profit organization, an Indigenous organization, a coalition, network or committee, a research organization or institute, an educational institution, a public health and social services institutions.

Eligible organizations can apply for up to \$25,000 for projects that are led by seniors and are volunteer-based. The application period is from August 01, 2023, to September 14, 2023, at 3:00 pm, Eastern Time.

In the 2022-2023 program year, 10 organizations from Pickering-Uxbridge received program funding of nearly \$200,000, this grant was invested directly in our community to support local organizations and the seniors they serve. This has had meaningful impacts on seniors right across our communities.

It is an honour to serve Pickering-Uxbridge as your federal representative, should you need any assistance please don't hesitate to reach out to my office (905)839-2878 or via email jennifer.oconnell@parl.gc.ca

Sincerely,

Jennifer

Jennifer O'Connell

Member of Parliament for Pickering-Uxbridge

Valour Building, Room 700, Ottawa, ON K1A 0A6

Tel: (613) 995-8082 | Fax: (613) 996-6587

4-1154 Kingston Road, Pickering ON L1V 1B4
Tel: (905) 839-2878 | Fax: (905) 839-2423

From the PICKERING City Council



Profile
mayor@pickering.ca

Councillor Maurice Brenner
Regional Councillor Ward 1



Profile
mbrenner@pickering.ca

Councillor Lisa Robinson
City Councillor Ward 1



lrobinson@pickering.ca

Councillor Linda Cook
Regional Councillor Ward 2



lcook@pickering.ca

Councillor Mara Nagy
City Councillor Ward 2



Profile
mnagy@pickering.ca

Councillor David Pickles
Regional Councillor Ward 3



Profile
dpickles@pickering.ca

Councillor Shaheen Butt
City Councillor Ward 3



Profile
sbutt@pickering.ca

From the Mayor's desk:

Dear Friends,

I hope you all had a delightful summer, cherishing moments with family, friends, and loved ones.

As the warmth of summer gradually gives way to the cool embrace and vibrant colours of autumn, I am delighted to write to you all and provide some updates on the exciting work happening in our City. *The Szpinner* newsletter serves as a vital link, connecting us with the latest developments, procedures, and opportunities that shape our amazing community.

The month of September unfolds a new chapter for our students, staff and faculty in Pickering. I am thrilled to welcome all those returning back to school another

exciting school year filled with promise, opportunities and new adventures. Along with our students, our city council members are gearing up to reconvene in September. I'm excited to continuing the progress our City has made and building a brighter future for every resident in Pickering.

As always, I always enjoy listening to your insights and suggestions regarding our community. Please do not hesitate to contact my office at mayor@pickering.ca or 905.420.4600. Also, I encourage you to stay up to date on the latest news in Pickering by [subscribing to my newsletter](#).

Truly,

Kevin Ashe

Mayor, City of Pickering

Pickering City Centre and Facilities on the Park

Exciting news coming to Pickering!

This past month, I joined CentreCourt, a private developer, as they announced the [Pickering City Centre](#), a new mixed-use community right at the heart of our downtown core in Pickering.

As part of the development application process, the City negotiated that CentreCourt will convey ten percent of their land to the City for parkland (Developers are required to convey five per cent of their development land to the City for parkland or other public recreation purposes).

The proposed facilities and amenities for the City Centre include:

- new Central Library
- new Community Centre with dedicated seniors & youth spaces
- new Performing Arts Centre
- expanded City Hall administration space
- new Public Square
- new connected green spaces to create a 'campus' concept

- residential development

A rigorous public and stakeholder consultation process is anticipated to ensure that community feedback is incorporated into the park design.

As a leader for growth, the new facilities on the park will maximize on our City's progress and transform it into a thriving, sustainable city where residents can live, work, shop and play.

Community Tourism Plan

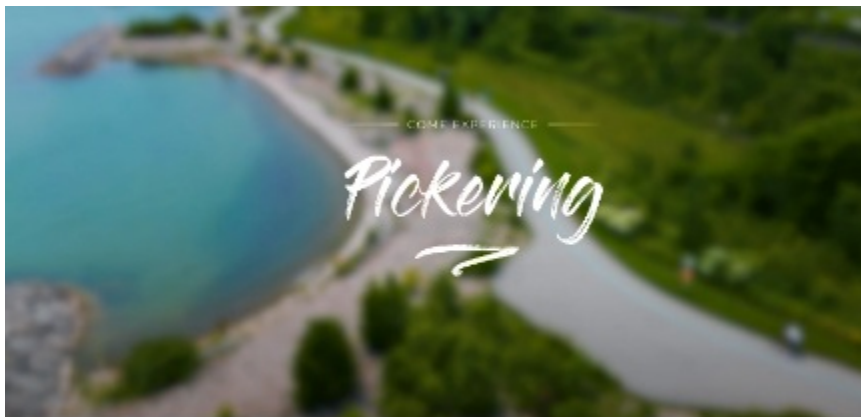
There's No Place Like Home!

From picturesque walks in Seaton Trail, an extensive web of transit routes including the Pickering GO and Pedestrian Bridge, and an abundance of lively, diverse, and exceptional small businesses and restaurants - the City of Pickering truly has it all.

As Pickering is slated for significant economic and residential growth, the City of Pickering is developing a three-year [Community Tourism Plan](#) which will showcase the distinctive allure that renders Pickering a sought-after haven for tourism, employment, and recreation.

I encourage you to play a role in shaping our Community Tourism Plan by sharing your most cherished spots in Pickering to explore.

Visit LetsTalkPickering.ca/CTP to complete the survey.



[Click here](#) or on the video above to see what makes Pickering so amazing!

Outdoor Pickleball Courts now available at Diana Princess of Wales Park

The City of Pickering has added Pickleball lines for three outdoor courts at Diana

Princess of Wales Park behind Chestnut Hill Developments Recreation Complex (CHDRC).

Players can either bring their own net or you can present a piece of photo ID at the front desk at CHDRC and sign out a net (at no charge).

For more information on the new locations, indoor drop-in times, or pickleball in Pickering, visit: Pickering.ca/en/Living/Pickleball.aspx

New Pet Memorial Program at Dunmoore Park Leash Free Area

The City of Pickering has recently launched a [pet memorial program](#) where residents can pay tribute to their loved pet through a customized plaque, and have it displayed in our community at Dunmoore Park Leash Free Area.

As a pet owner myself, I understand the importance of memorializing our pets and continuing on their legacy. Our beloved pets hold a special place in our hearts, becoming cherished members of our families. Coping with their loss can be incredibly emotional.

This meaningful program offers individuals the chance to commemorate the significant

bond they have with their pets in a truly unique manner.

Visit Pickering.ca/Commemorate to learn more about the program.



Click here or on the video above to watch City News' story on the memorial program.

Stay Up to Date through my Newsletter and Social Media

There are always exciting things in the works here in Pickering.

[Subscribe to my newsletter](#) for the latest updates, news, and local events! Stay connected with me on social media for even more exciting updates and conversations. Join our community today!

- 📧 Newsletter: [Click Here to Subscribe](#)
 - 📧 Facebook: facebook.com/mayorkevashe
 - 📧 Twitter: [@MayorKevinAshe](https://twitter.com/MayorKevinAshe)
 - 📧 Instagram: [@MayorKevinAshe](https://www.instagram.com/MayorKevinAshe)
 - 📧 LinkedIn: linkedin.com/in/MayorKevinAsh
-

WARD 1 news



Message from Councilor Brenner

Curbside Giveaway Day

Curbside Giveaway Day is a September municipal event giving local residents an opportunity to reduce the amount of garbage going to disposal sites by giving away their unwanted items or by going on a treasure hunt in participating communities to find some new-to-you items. It's a fun way to help the environment while connecting with the community.

See full details at —> [CURBSIDE](#)

Councilor Maurice Brenner

Councilor Robinson

WARD 2 news

Councilor Cook

Councilor Nagy

WARD 3 news

Councilor Butt

Councilor Pickles

From Queen's Park

Hello Richard,

Thank you for reaching out to us with an opportunity to write a message for your newsletter.

Unfortunately, the MPP is running on a very tight schedule that offers a little flexibility at the moment.

Regretfully, the MPP is not available to accept this invitation to write a personalised message for your newsletter.

Thank you again for reaching out,

Adam Bradley
Constituent Assistant

Durham Transit Update



TTC comes to the Rescue

Toronto Transit Commission will be providing support to DRT's September service update following the **fire at the Oshawa bus depot**. Toronto Transit Commission (TTC) buses are temporarily joining the Durham Region Transit

(DRT) fleet.

TTC to loan DRT 10 buses

The TTC has generously supported the DRT's efforts to implement its September service updates following the fire at the Oshawa bus depot by loaning DRT 10 buses. The buses remain branded as TTC buses but may include decals or other temporary markings to identify them as DRT buses.

All route numbers remain unchanged and will be displayed on bus destination signs.

The TTC buses will only be used on routes that operate within the Region of Durham, ensuring DRT can deliver their commitment to customers to implement much anticipated service enhancements **starting September 5, 2023** as demand will increase with return to school and work for many.

When

DRT customers will see TTC buses on some DRT routes operating within the Region of Durham beginning September 5, 2023, as DRT remains committed to its September service updates.

Where

The TTC buses will be located at the Westney bus depot in Ajax and will service Durham Region routes only.

Why

DRT lost 19 buses due to a fire on August 16, 2023, at the 710 Raleigh bus garage in Oshawa.

The 10 TTC buses are a key component to implementing the scheduled September service updates. These service updates include schedule changes and service enhancements to reflect the return to school and work following summer vacation, changes to some bus stops, and new services.

Transit agencies across the *Greater Toronto and Hamilton Area* (GTHA) reached out to DRT immediately after the fire to offer their assistance. The TTC's support during this challenging time is a testament to the strong partnership among transit agencies in supporting public transit travel across the GTHA.

Source: Regional Councillor Maurice Brenner

HEALTH and AGING Desk



Embracing green therapy: The health benefits of gardening

Click the link —> [GARDENING](#)

Source: McMaster University

HEARING: Selective hearing in men

Did you know that men have “discriminatory hearing?”

Ever notice that men have hearing problems that some have labeled as ‘*selective hearing?*’ Now learn what the real problem is behind this.

Some men have hearing afflictions that are likely not age-related. The hearing defect is likely due to **Strega di Pozzallo**.

STREGA di POZZALLO is based on very old Sicilian folklore. Many years ago, an Italian witch in **POZZALLO**, *Sicily* gave the women of the surrounding region the power to manage and control their men with spells and curses. Soon women of mainland Italy began doing the ‘*pilgrimage al POZZALLO*’ to get these powers from the STREGA, thus ensuring the fidelity of their husbands. Many Italian women have accessed the sorcery of the STREGA and use it daily in controlling their husbands, even if they no longer reside in any part of Italy. Furthermore, women of other nationalities have learned of the potent tools of the *STREGA di POZZALLO*.

Read more about the curses and spells of the **STREGA di POZZALLO** and how men are controlled by them.

Click —> [STREGA](#)

MONEY Desk

Briefly:

- The FINANCIAL material here is based on research and consultation with professional investment counsellors.



Digital assets: Include them in your estate planning
by Richard Szpin

Have you ever thought about including your non-financial digital property in your estate planning? Your online photos, files, and information may be lost forever if your family does not have access to that data.

Even if you're not the most technologically savvy, your digital assets should be considered for inclusion in your estate planning. These assets may have sentimental value to your family that goes beyond monetary worth. Without the necessary proper accessibility, your loved ones could lose these assets forever.

Canadian provincial legislation regarding executors and their authority to deal with digital assets varies across the country. Review your estate plans and consider including your digital assets. Customer support for online accounts may block access to material your family may want. Make provision for your family to have access to this material in your will.

Tips to help with the process of dealing with your digital assets:

Take inventory

Take stock of your digital assets. Create a logbook of these assets, including usernames and passwords. Store the logbook securely and update it regularly.

Practice digital housekeeping

Protect and secure your digital data regularly, backing up important files, contacts, photographs, and other information wherever is comfortable for you, on your computer, on your smartphone, or on the cloud, and encrypting everything.

Consider a password manager

A password manager application can assist you in managing important passwords and updating information regularly. These applications maintain access information to digital accounts including account numbers, passwords, and other important information you might need to leave in your estate.

Create a legacy contact or plan

You can designate a “*legacy contact*” in Apple and Google accounts or create a legacy plan therein. These accounts have ‘*legacy contact*’ settings where you designate the necessary connections. Some social media sites also offer legacy options.

It is important to make a plan for your digital legacy and include that in your estate planning.

Update your estate plan

Make sure your will and Power of Attorney documents include language specific to digital assets, giving a designated representative authority to access, manage, dispose of, and distribute information as you want.

Research sources:

1. "Life After Death: Secure Your Digital Legacy Before You Die," Julie Jargon. Wall Street Journal, April 25, 2023. All;
2. <https://dig.watch/updates/saskatchewan-ca-introduces-fiduciaries-access-digital-information-act>
3. TD Wealth Insights, Demetrios Dovolos, demo.dovolos@td.com



The ***Estate Organizer*** is a valuable supplement to add to your will. Your family will really appreciate your preparedness and forethought.

Estate Organizer, a planned, constructive record that should be included in every will. It is a structured record you compile with instructions, contacts, and directives in a succinct and direct guide for your family to use in dealing with your will. It outlines things you should do, people who need to be contacted and dealt with, things that need to be done, all kinds of aspects dealing with your estate that need to be dealt with when your estate is being processed. This organizer lays it out for your family in as a practical and very comprehensive record that will save time, money and stress. [To view sample pages of the *organizer*, CLICK —> [SAMPLES](#)

Get your ***Estate Organizer*** for **\$25** by email or by **Canada Post** mail.

The KITCHEN - 2 recipes for the fall

Briefly:

- I love working in the kitchen. Work there can be an outlet to the artistic and creative spirit. Explore, experiment and 'free your creative soul.'
- If you get serious about this work, make notes, record your recipes and add comments once you make a dish. Very soon, you will have your own cook book with tested and custom dishes which you have made.

FALL HARVESTS

CORN and TOMATOES unquestionably are the monarchs of Fall harvests.

Tomatoes have an interesting history

Though tomatoes are an ingredient used by cooks around the world, they originated in Central and South America. The Aztecs named them "*tomatla*" which means 'plump fruit.' Unheard of in Europe and its eastern reaches before the Age of Exploration, the 15th to 17th centuries as voyagers of the period were searching for gold and treasures but each return home carried more legacies from the *new world*. Tomatoes have become an unexpected treasure of these legacies.

Spain is credited with the spread of tomatoes: first throughout Europe and then, as the Spanish empire expanded around the globe in the 1500s, tomatoes spread to all of Asia. When the fruit came to Italy, it was honoured in literature by Pietro Andrea Mattioli who gave it the name "*pomi d'oro*." It is believed that Thomas Jefferson, who ate tomatoes in Paris, sent seeds back to America.

Tomatoes struggled to reach their menu primacy in its early days. First, they were viewed as ornamental plants, prized for their colour, shape and beauty rather than as an eatable food. For the longest time, they were considered dangerous, the 'poison apples,' as aristocrats got sick and died from eating tomatoes that had leached lead from the pewter plates on which they were served.

Tomatoes survived their questionable start, taking their rightful place as essential to kitchen dishes across the globe: the ubiquitous red sauce of Italy, the Andalusian gazpacho of every Spanish summer menu, the unique shakshuka of North African culinary fame, none of these foods would be the same without the delicious tomato.

Two great tasting recipes to enjoy the bounty of the fall harvest...



Bruschetta

This recipe is for tomato and garlic lovers. The better the tomatoes, the better the bruschetta.

INGREDIENTS

4 large vine-ripened, diced, tomatoes (approx 2 cups)
2 tbs extra virgin olive oil
2 medium-sized garlic cloves, finely minced
10 fresh basil leaves, finely sliced
1 tsp fresh rosemary, minced
1 pinch of salt and pepper

1 baguette or Italian loaf for crostini slices

INSTRUCTIONS

1. Slice the tomatoes in half, remove some of the seeds; dice the tomatoes;
 2. Add tomatoes, minced garlic, and olive oil to a large bowl and stir well;
 3. Stack the basil leaves, roll them tightly, and finely slice. (You may have to do this in two batches for easy management). Add the tomatoes in the bowl;
 4. Add the pinches of salt and pepper, and allow to stand for an hour or so; best served at room temperature
-

Crostini preparation

1. Slice baguette or Italian bread into roughly 3 inch rounds;
2. Toast in toaster oven until golden colour is as you like it;
3. Place into a bread basket and allow to cool before serving.

To serve:

Spoon a generous amount on a crostini slice for serving and bite into *tomato heaven*.

Barbecued CORN

Easiest way to prepare corn with delicious results.



INSTRUCTIONS




1. Place the corn in their husks on a hot barbecue;
2. Rotate every 5 minutes or so to cook corn evenly; don't worry about the husks burning.
3. Total cooking time is 15-20 minutes depending on the size of the corn cobs.
4. When done, remove corn cobs and allow them to cool for handling.
5. Cut the stem off of corn cobs and remove husks and clean off the silk.
6. Serve hot or cooled as you prefer.



TECHNOLOGY: Top sites and apps

Briefly:




- Technology is a double edged sword: you smile and you cry! It's smooth going, then updates force you to re-learn what you used to do easily before. Our website, www.szpin.ca tries to help you with computer work. Two useful tools there are the two search boxes: **TOPIC** and **CATEGORY** useful for finding computer related information we have written.
- **BELOW:** 1) our "apps of choice" for this issue and 2) our website of choice for the issue.




Our apps of choice:

 TextBlaze FREE	<p>Ever type and retype and retype the same phrase or word(s)? Tedious and frustrating. You should consider the TextBlaze app. Customize whatever phrase or word(s) you need. Create your own 2 or 3 keystrokes shortcut and the word(s) or full phrase will be inserted for you upon use of the shortcut keys. No more typing and retyping words or phrases. An excellent app to improve your computer productivity.</p> <p>Click LINK —> https://blaze.today/</p>
 Everything FREE	<p>Search Everything is the "sledgehammer" I use to find almost anything on my computer system, even data in the cloud.</p> <p>Search for folders, files, photos, all data types. As importantly you can search 'vague ideas' of what you remember using wildcards. Often I want a drawing done long ago. A wildcard search with the extension of the drawing file, ".cdr" produces a long list of files that meet the criteria in <i>seconds</i>.</p> <p>Everything beats WIN Search, Google Search and Explorer hands down for speed and comprehensiveness of the search. Unreservedly, the best search tool you can put on your computer. Even more incredible is that it is totally free.</p> <p>With Everything, I can find anything on my computer....just give me time...and a scotch!</p> <p>Click LINK —> voidtools</p>
 GRAMMARLY Typing assistant FREE	<p>Grammarly is an American cloud-based typing assistant. It reviews spelling, grammar, punctuation, clarity, engagement, and delivery mistakes in English texts, detects plagiarism, and suggests replacements for the identified errors. It also allows users to customize their style, tone, and context-specific language.</p> <p>Grammarly is available as a standalone application for use with desktop programs, a browser extension optimized for Google Docs, and a smartphone keyboard.</p> <p>For those who are not confident with writing English, GRAMMARLY will make suggestions which are useful and worth considering. If you dislike a suggestion, the program allows for the suggestion to be dismissed. GRAMMARLY is a very useful assistant to anyone who is a conscientious writer.</p> <p>Click LINK —>multiple links at grammarly</p>

 <p>FREE</p>	<p>HiBit Uninstaller is the perfect solution for uninstalling Windows software, allowing you to uninstall programs quickly and completely using its simple and user friendly interface. HiBit Uninstaller also has many tools to clean up and manage your system, too many to list easily. The HiBit Uninstaller website details the more than a dozen features of this freeware.</p> <p>Click LINK —>hibit uninstaller</p>
 <p>FREE</p>	<p>Microsoft OneDrive is a data storage service than a program or app. MS has multiple versions of this service; for the average user, the useful and practical free version; for \$2/mth, a very large service good for most power computer users (5 GB vs. 100 GB storage)</p> <p>The service is provides backup storage for all your data, files and folders. A godsend for when your computer crashes or you new computer.</p> <p>Click LINK —>MS OneDrive</p>

Favourite culinary websites:

	<p>Allrecipes is a site by and for kitchen enthusiasts: cooks who will dedicate the weekend to a perfect beef bourguignon but love the simplicity of a slow-cooker rendition, too; bakers who labour over a showstopping 9-layer cake but will just as happily doctor boxed brownies for a decadent weeknight dessert; and entertainers who just want a solid snack spread without tons of dirty dishes at the end of the night. My go-to recipe site as it is one of the best on the Internet...</p> <p>Click LINK —>allrecipes</p>
	<p>FOODTALK is a standard website for recipes, no extraordinary or unconventional recipes. Just simple, straightforward ones presented with text and videos by regular home cooks. The recipes are easy to duplicate and result in very good dishes your family and friends will enjoy. I have FOODTALK emails sent to my email inbox regularly for consideration and testing.</p> <p>In short, a simple, unpretentious site of a very broad range of recipes.</p> <p>Click LINK —>FOODTALK</p>
	<p>The Cook <i>rookie</i> is another standard and conventioanl site for recipes. That's not being critical of it. It is merely underlining that the site does what it should without a lot of fuss and sensationalism. What attracted me to this site was the author's sincerity and honesty about cooking. Beky Hardin seems like a down to earth author and cook who presents a site whose recipes emphasize <i>easy</i>.</p> <p>Click LINK —>ROOKIE</p>

	<p><i>Yummly</i> may be the best of recipe websites. The website has won many awards for its ease-of- use, cooking guides to recipes and photography. I like it for many reasons: ease-of-recipes, setup configuration to you skill level and interests, automatic email connectivity, recipes work well, excellent search tool, convenient sidebar.</p> <p>Click LINK —>YUMMLY</p>
	<p>Jess Dang, the dynamo behind one an excellent food sites, COOKSMARTS, is a Chinese-American writer and director who successfully launched one part of her many enterprises with COOKSMARTS. Her recipes are simple and very straightforward but be forewarned, she ‘sells’ ceaselessly.</p> <p>Click LINK —>COOKSMART</p>
 <p>Ina Garten Barefoot contessa</p>	<p>Honorable Mention</p> <p>Of all the celebrity food sites, I like Ina Garten most. The <i>barefoot contessa</i> started her career as White House nuclear energy policy advisor. The leap to the kitchen was huge but very successful. She claims she was a nervous wreck every show she televised but it never showed. Her recipes are superb. One of my favourites is her lemon chicken, a recipe that makes chicken a delicious star.</p> <p>Click LINK —>CONTESSA</p>

Navigate our WEBSITE easily

With almost 10,000 articles or connections, our website is jammed. The challenge is to make the material easy to access.

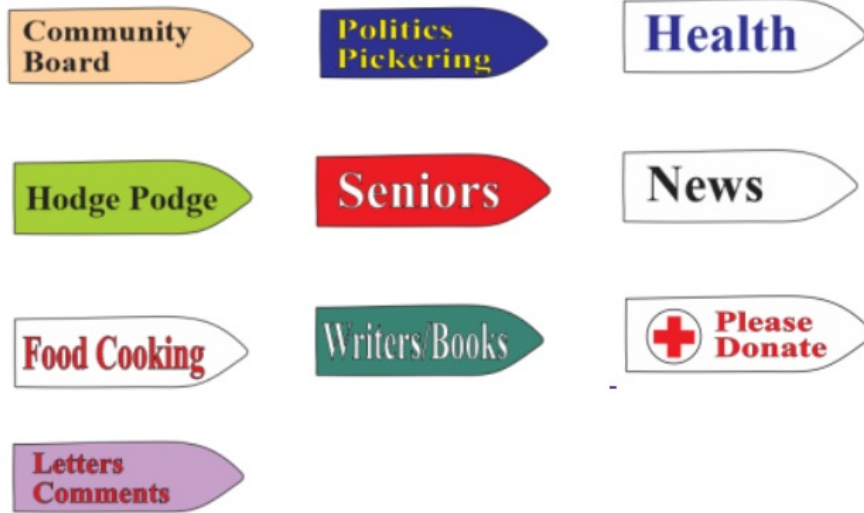
We use a TAG system



We use a **TAG** system on our website at  to conveniently group information.

We also have two **Search boxes** (By **TOPIC** and by **CATEGORY**) to facilitate finding information.

Our **TAG** system looks like this:



Clicking on a **TAG** in the website results in a list of posts related to it.

DIVERSIONS

Source: Readers Digest Canada

Crossword

Wavin' Flag

BY Derek Bowman

1	2	3	4	5	6	7	8	9	10
11						12			
13						14			
15				16					
17			18						
		19							
20	21	22				23	24	25	
26						27			
28						29			
30						31			
32						33			

ACROSS

- 1 Action star Steven
- 7 Artsy neighbourhood in Manhattan
- 11 Chevy model or antelope
- 12 Closing ___: 2 wds.
- 13 *Women Talking* author: 2 wds.
- 15 Adele, for one
- 16 Black-and-blue mark
- 17 Communication without

talking: Abbr.

- 18 Wear out, potentially: 3 wds.
- 19 "Wavin' Flag" singer
- 20 Brilliant alternative?: 2 wds.
- 23 "See ya!"
- 26 Sends a message to
- 27 Campus group, for short
- 28 Bespectacled *Jeopardy!* champ: 2 wds.

- 30 [Gulp!]: Hyph.
- 31 ___ pants (wide, calf-length trousers)
- 32 Without
- 33 "Snowy" birds

DOWN

- 1 *The Lion King* lion
- 2 Leaders in Qatar and Kuwait
- 3 Yearly stretch known for showers
- 4 Dressage factor
- 5 Pie ___ mode: 2 wds.
- 6 Meat item known as merguez in North African cuisine: 2 wds.
- 7 Language group that includes Dakota and Nakota
- 8 *Canadian Idol* winner Melissa
- 9 "In what way?": 2 wds.
- 10 First appearance of symptoms
- 14 Reward for shaking a paw
- 18 "I give up!"
- 19 Alexander ___ beer
- 20 Twin of Romulus
- 21 U.S. city NE of Lincoln
- 22 Used, as a bench or chair: 2 wds.
- 23 Support for an ankle injury
- 24 Big fancy boat
- 25 Community spirit
- 27 Number in a quartet
- 29 Cleaning cloth

For answers, turn to PAGE 94

S	E	R	E		S	N	S
O	H	C	A	G		H	O
H	A	O	A	R	E	A	T
T	A	R	F		S	I	L
E	Y	B		T	C	S	E
			N	A	N	K	
T	O	A	L	S	E		A
E	S	I	U	B		R	I
S	W	E	O	T	A	M	I
N	O	N	I		A	L	P
O	H	S		A	G	A	L

WORD POWER

WORD POWER

If you're a lifelong learner, you'll be keen to acquire words that have to do with just that: learning. From pedagogy to pedantic, how well-schooled are you with terms related to education? Try to ace this quiz like a star pupil, then continue your studies by checking the answers on the next page. Class is now in session!

BY Mary-Liz Shaw

1. pedagogy n.

- A logical progression
- B education principles
- C controversial teaching

2. tutelage n.

- A individual instruction
- B musical notation
- C full understanding

3. didactic adj.

- A related to Greek myth
- B morally instructive
- C imaginative

4. elucidate v.

- A lecture incessantly
- B grade strictly
- C make clear

5. pedantic adj.

- A suddenly realizing
- B concerning all students
- C overly formal, detailed

6. polymath n.

- A knowledgeable about many topics
- B scientific genius
- C enthusiastic teacher

7. innumerate adj.

- A ill-prepared
- B infinitely wise
- C numerically challenged

8. autodidact n.

- A one who has a distaste for learning

- B one who is self-taught
- C one who loves to read

9. polytechnic adj.

- A study of fireworks
- B many sided
- C related to applied arts and sciences

10. edify v.

- A engage
- B enlighten
- C experiment

11. philistine n.

- A agile debater
- B biblical scholar
- C culturally ignorant or indifferent

12. rubric n.

- A study of circles
- B grading guide
- C visual learner

13. phrontistery n.

- A place for thinking or study
- B study of the brain
- C first-year student

14. percipient adj.

- A unsolvable
- B witty
- C discerning

15. erudite adj.

- A scholarly
- B newly published
- C intuitive

Answers:

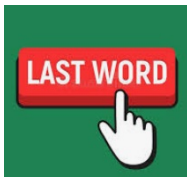
1. B, 2. A, 3. B, 4. C, 5. C, 6. A, 7. C, 8. B, 9. C, 10. B, 11. C, 12. B, 13. A, 14. C, 15. A

SUDOKU

5			7			8		6
1	9	8		4		7		
					9	4		
		7		6				3
	6		4					
2	3				1		8	
6		5					2	
			3	5			1	
		9	8					7

SOLUTION

3	1	9	8	2	4	5	6	7
4	7	2	3	5	6	9	1	8
6	8	5	1	9	7	3	2	4
2	3	4	9	7	1	6	8	5
8	6	1	4	3	5	2	7	9
9	5	7	2	6	8	1	4	3
7	2	6	5	8	9	4	3	1
1	9	8	6	4	3	7	5	2
5	4	3	7	1	2	8	9	6



I have been publishing this website and the accompanying monthly newsletter for many years with the goal of helping people live more informed and better lives with researched information from authoritative sources.

However, my challenge is twofold:

- to broaden my footprint and
- to improve the presentatopm more.

Again, I ask for your help: will you give me two emails of persons who you think you may find my publications interesting and helpful?

Additionally, your feedback is really appreciated, so I welcome any suggestions or ideas you think may improve my publications.

Finally, I appreciate you as site visitors and newsletter readers. Thank you for your ongoing support.

Website: www.szpin.ca

Newsletter: sent to registered emails with their permission:
zippyonego@gmail.com

As always, I wish you the best...may summer wind down well for you...

***Richard, Nadia, & Fermo, too
!***

